

Medication	Cautions	Side Effects	Dosage	Use	Availability	Average Cost
<b>Bupropion SR 150</b>	<ul style="list-style-type: none"> <li>Not for use if you:                             <ul style="list-style-type: none"> <li>* Currently use a monoamine oxidase (MAO) inhibitor</li> <li>* Use Bupropion in any other form (Zyban/Wellbutrin)</li> <li>* Have a history of seizures</li> <li>* Have a history of eating disorders</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>* Insomnia</li> <li>* Dry mouth</li> </ul>	<ul style="list-style-type: none"> <li>* Begin 7-14 days before quit date</li> <li>* Days 1-3: 150 each a.m.</li> <li>* Days 4 on: 150 mg a.m. and p.m.</li> </ul>	2 to 6 months	Prescription Only: <ul style="list-style-type: none"> <li>* Zyban</li> <li>* Wellbutrin SR</li> <li>* Generic SR</li> </ul>	1 box of 60 tablets, 150 mg: <ul style="list-style-type: none"> <li>* Z: \$185.99</li> <li>* W: \$167.99</li> <li>* G: \$101.99</li> </ul>
<b>Nicotine Gum (2 mg or 4 mg)</b>	<ul style="list-style-type: none"> <li>* Caution with dentures</li> <li>* Don't drink acidic beverages during use</li> </ul>	<ul style="list-style-type: none"> <li>* Mouth soreness</li> <li>* Stomach ache</li> </ul>	<ul style="list-style-type: none"> <li>* 1 piece every 1 to 2 hours</li> <li>* 2 mg: If smoking 24 cigarettes or less per day</li> <li>* 4 mg: If smoking 25+ cigs or chewing tobacco</li> </ul>	Up to 12 weeks or as needed	OTC Only: <ul style="list-style-type: none"> <li>* Nicorette</li> <li>* Generic</li> </ul>	2 mg box of 50: <ul style="list-style-type: none"> <li>* N: \$29.99</li> <li>* G: \$22.99</li> </ul> 4 mg box of 50: <ul style="list-style-type: none"> <li>* N: \$32.99</li> </ul>
<b>Nicotine Lozenge (2 mg or 4 mg)</b>	<ul style="list-style-type: none"> <li>* Do not eat or drink 15 minutes before or during use</li> <li>* One lozenge at a time</li> <li>* Limit 20 in 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>* Hiccups</li> <li>* Cough</li> <li>* Heartburn</li> </ul>	<ul style="list-style-type: none"> <li>* 2 mg: If smoking after first 30 minutes you're awake</li> <li>* 4 mg: If smoking within first 30 min. you're awake</li> <li>* Weeks 1-6: 1 every 1-2 hrs</li> <li>* Wks 7-9: 1 every 2-4 hrs</li> <li>* Wks 10-12: 1 every 4-8 hrs</li> </ul>	Up to 12 weeks	OTC Only: <ul style="list-style-type: none"> <li>* Commit</li> <li>* Generic (Nicabate)</li> </ul>	2 mg, 48 tablets: <ul style="list-style-type: none"> <li>* Commit: \$29.99</li> </ul> 4 mg, 48 tablets= <ul style="list-style-type: none"> <li>* Commit: \$29.99</li> <li>* Generic: \$24.99</li> </ul>
<b>Nicotine Inhaler</b>	<ul style="list-style-type: none"> <li>* May irritate mouth/throat at first (but improves with use)</li> <li>* Don't drink acidic beverages during use</li> </ul>	Local irritation of mouth and throat	<ul style="list-style-type: none"> <li>* 6 - 16 cartridges/day</li> <li>* Inhale 80 times/cartridge</li> <li>* May save partially-used cartridge for next day</li> </ul>	Up to 6 months; taper at end of use	Prescription Only: Nicotrol inhaler	1 box of 168 cartridges = \$166.99
<b>Nicotine Nasal Spray</b>	<ul style="list-style-type: none"> <li>* Not for patients with asthma</li> <li>* May irritate nose (improves over time)</li> <li>* May cause dependence</li> </ul>	Nasal irritation	<ul style="list-style-type: none"> <li>* 1 "dose"= 1 squirt per nostril</li> <li>* 1 to 2 doses per hour</li> <li>* 8 to 40 doses per day</li> <li>* Do NOT inhale</li> </ul>	3 - 6 months; taper at end	Prescription Only: Nicotrol NS	1 box of 40 ml = \$190.99
<b>Nicotine Patch</b>	<ul style="list-style-type: none"> <li>Do not use if you have severe eczema or psoriasis</li> </ul>	<ul style="list-style-type: none"> <li>* Local skin reaction</li> <li>* Insomnia</li> </ul>	<ul style="list-style-type: none"> <li>* One patch per day</li> <li>* If <math>\geq</math> 10 cigs/day: 21 mg for 4 wks, then 14 mg for 2 wks, 7 mg for 2 wks</li> <li>* If <math>&lt;</math>10/day: 14 mg for 4 wks, 7 mg for 4 wks</li> </ul>	6-8 weeks	OTC: <ul style="list-style-type: none"> <li>* Nicoderm CQ</li> <li>* Nicotrol</li> <li>* generic</li> </ul> Prescription: <ul style="list-style-type: none"> <li>* generic (Legend)</li> </ul>	21 mg, box of 7: <ul style="list-style-type: none"> <li>Nicoderm: \$29.99</li> <li>Generic: \$21.99</li> </ul> 14 mg, box of 7: <ul style="list-style-type: none"> <li>Nicoderm: \$29.99</li> <li>Generic: \$21.99</li> </ul>