

How do they work?

It varies. In general, they block your urges to smoke. And they tackle the “high” you’re used to getting from smoking or chewing. They’re safe for most people. Ask your doctor if they’re right for you.

Which one works best?

- There’s no “magic pill” to make you quit.
- Thousands *have* quit tobacco using each of these medications.
- Ask your doctor which one is right for you.

Can I combine them?

- Ask your doctor.
- Your doctor may prescribe more than one for you.

Can I get more tips?

Yes. Call the Wisconsin Tobacco Quit Line at 1-800-QUIT-NOW.

WiQuitLine.org

WISCONSIN TOBACCO
QuitLine
800-QUIT-NOW

UW-CTRI

The Wisconsin Tobacco Quit Line is managed by the UW Center for Tobacco Research and Intervention.

Did you know medications can help you quit smoking?



Get some free.
1-800-QUIT-NOW



“ I tried quitting ‘cold turkey.’ That didn’t work.
The nicotine lozenge worked great, it was an A-plus.”

— London Scott Jr., former smoker from Milwaukee



You can do it.

- You’ve probably tried to quit smoking.
- You know it’s hard.
- But maybe you tried without medications.
- Or, maybe there is an option you haven’t tried.

Medication choices

- Varenicline, a pill (Also known as Chantix)
- Bupropion, a pill (Zyban or Wellbutrin)
- Nicotine patch (Nicoderm)
- Nicotine gum (Nicorette)
- Nicotine inhaler (Nicotrol)
- Nasal spray (Nicotrol)
- Nicotine lozenge (Commit)

Ask your doctor which medication is right for you.

How much do they cost?

You CAN afford to quit.

- You can get free medications. Call 1-800-QUIT-NOW.
- Or see your doctor. He or she can check your insurance for coverage.
- Medicaid, Medicare, BadgerCare and SeniorCare all cover some of these medications.

Otherwise, these medications cost about the same as a pack a day of cigarettes.

You can quit. We can help. 1-800-QUIT-NOW