

# Middleton spotlighted for 'Recovery'

Middleton resident David "Mac" Macmaster was selected to represent Wisconsin at a national event sponsored by A&E TV called the 2010 Recovery Project.

Individuals from all 50 states walked Sept. 25 at Philadelphia's Penn's Landing to demonstrate that drug and alcohol addiction has become what the University of Wisconsin Center for Tobacco Research and Intervention (UWCTRI) called "an enormous public-health

problem and that recovery from addiction is possible."

Macmaster represented Wisconsin. In order to be chosen as a state delegate, individuals had to be in recovery for at least 10 years and an active member in the recovery community.

According to UWCTRI, Macmaster has been in recovery from alcohol dependence for nearly 54 years - longer than any other walker at the event - and quit smoking 47 years ago. His father was in recovery for 22 years

and his son has been drug-free for 10 years, so he represents a family with three generations of individuals who have suffered from substance-dependence disorders and recovered.

Macmaster is the co-founder of the Wisconsin Nicotine Treatment Integration Project (WiNTIP), which works with healthcare providers across the state to encourage patients to quit both drinking and smoking. For

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more on WiNTIP, visit [WisconsinWintip.com](http://WisconsinWintip.com).

The Recovery Project works with several leading federal agencies and non-profit organizations, including the Substance Abuse and Mental Health Services Administration; The National Council on Alcoholism and Drug Dependence; Community Anti-Drug Coalitions of America; and the Partnership for a Drug-Free America.

The University of Wisconsin Center for Tobacco Research and Intervention, part of the UW School of Medicine and Public Health, has provided quit-smoking services since 1992 and is a nationally recognized research center.