



*I'm not recovering  
from drug dependence  
only to die of lung cancer.*

***I need  
to quit  
smoking.***

~Teona

People with a mental illness or a substance-abuse disorder  
smoke half the cigarettes in America.

Most want to quit. Many have quit.  
You can help.

**[www.HelpUsQuit.org](http://www.HelpUsQuit.org)**

FREE CME, Toolkit, Videos, Research, Case Studies



School of Medicine  
and Public Health  
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