Adults with mental illness or substance use disorders are more likely than adults without those problems to use cigarettes.\(^1\) In addition, adults with these problems who do smoke tend to smoke more cigarettes.\(^2\) The 2009 to 2011 National Surveys on Drug Use and Health (NSDUHs) define any mental illness (AMI) as any diagnosable mental, behavioral, or emotional disorder other than a substance use disorder. The NSDUHs define substance use disorder (SUD) as dependence on or abuse of alcohol or illicit drugs.\(^3\) On an average day, adults aged 18 or older smoked 588 million cigarettes. Adults with AMI or SUD represent 24.8 percent of adults. However, they used 39.6 percent of all cigarettes smoked by adults (Figures 1 and 2).

These data show that, given the health issues associated with cigarette smoking, it is necessary to focus on smoking prevention for adults with AMI or SUD and help them quit smoking. For resources, please visit: http://www.kap.samhsa.gov/products/manuals/advisory/pdfs/Advisory_Tobacco_for_Counselors.pdf and http://www.integration.samhsa.gov/health-wellness/tobacco-cessation.

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\(^1\) Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. (February 5, 2013). The NSDUH Report: Smoking and mental illness. Rockville, MD.


\(^3\) Definitions for AMI and SUD are based on the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). For further information, see Substance Abuse and Mental Health Services Administration. (2012). Results from the 2011 National Survey on Drug Use and Health: Mental health findings (NSDUH Series H-45, HHS Publication No. SMA 12-4729). Retrieved from http://www.samhsa.gov/data/NSDUH/2k11MH_FindingsandDetTables/2K11MHFFR/NSDUHmhfr2011.htm